

# KeySTONE

ST. PETER'S CHURCH, BANDRA  
NEWSLETTER

COMMITMENT • LIVING FAITH • INTEGRITY • CONCERN • (CLIC)



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April - May 2024

## Going back to our roots



If we know where we came from, we may better know where to go. If we know who we came from, we may better understand who we are

In preparation for the Jubilee Year 2025, the Church invites us to go back to our roots and deepen our understanding of who we are.

In this context, we are asked to familiarize ourselves with four key documents of the Second Vatican Council.

Although this Council took place 60 years ago, its documents have not been disseminated widely and hence many Catholics have not had the opportunity to appreciate its rich insights.

Lumen Gentium, the first of these four documents, was explained to us by Fr. Fabian, and he now gives to us here, in this Keystone (overleaf), a summary of its main points.

May these efforts encourage and assist us in our journey as Pilgrims of Hope.

- Fr Luke Rodrigues s.j.

## **As we prepare for the Jubilee year in 2025, Pope Francis has urged us to reflect on the core documents of the Second Vatican Council.**

Among these foundational texts stands *Lumen Gentium*, meaning “Light of the Nations”. Comprising eight chapters, *Lumen Gentium* answers the questions on the origin of the Church, its life and destiny. Understanding the essence of the Church and its role, profoundly shapes its self-perception and its interaction with the world.

The following are the 8 chapters of the document

Chapter I: Explores the **Church’s foundation** in Christ’s preaching of the kingdom of God.

Chapter II: Defines the Church as the **People of God**, united in Christ.

Chapter III: Discusses the **hierarchical structure of the Church**, including the role of bishops and the unity of the Church under the leadership of the Pope.

Chapter IV: **Acknowledges the vital role of the laity** in the Church’s mission.

Chapter V: Affirms the call for **all members of the Church to strive for holiness**.

Chapter VI: Explores the unique vocation of **religious life** within the Church.

Chapter VII: Contemplates the **Church’s ultimate destiny and purpose**, illuminated by the lives of the saints and the faithful departed, in our journey as pilgrims to the heavenly Jerusalem.

Chapter VIII: Honours the role of **Mary in the Church’s mystery** and salvation history, her unique relationship with Christ and her maternal intercession for the Church.

As we embark on this journey of reflection and rediscovery, let us draw inspiration from the wonderful teachings of *Lumen Gentium* to deepen our understanding of our faith and our communal journey as the People of God.

Together, let us embrace the call to live out our vocation with renewed fervour and dedication, guided by Christ, the light that illuminates our path.

- Fr Fabian Barreto s.j.



## Pope's Intention

April 2024



### For the Role of Women

Let us pray that the dignity and worth of women be recognized in every culture and for an end to the discrimination they face in various parts of the world

### ONE MINUTE WISDOM

Anthony de Mello s.j.

The disciple couldn't wait to tell the Master the rumour that he had heard in the marketplace.

"Wait a minute," said the Master.  
"What you plan to tell us, is it true?"

"I don't think it is"

"Is it useful?"

"No. It isn't."

"Is it funny?"

"No."

"Then why should we be hearing it?"



## TALK TO JESUS!

- ~Tell Him about your week.
- ~Tell Him about your dreams.
- ~Tell Him what you're afraid of.
- ~Tell Him what you're learning about.
- ~Tell Him about a decision you're facing.
- ~Tell Him what you're discouraged about.
- ~Tell Him what you need his help with.
- ~Tell Him what you need his forgiveness for.
- ~Tell Him how He's blessed you.
- ~Tell Him what you love about Him.



## Gratitude Changes Everything:

Instead of saying "I have to",  
start your day with, "I get to!"

- I get to exercise.
- I get to see my friends and family.
- I get to tell someone I love them.
- I get to eat good food.
- I get to work and earn money.
- I get to experience new things.
- I get to make someone's day better.

It's all about perspective.



# Looking Back . . .

Lent was a season of grace for all of us in the Parish, with the pilgrimage to the Mount, the Redemptorist Missions and other devotional practices leading us into inner renewal.



Fr Vincent Vaz gave the Senior Citizens an inspiring talk on 'challenge the demons'

## Free your Mind; and the rest will follow!

In this fast paced world we live in, TIME is a luxury. We exhaust ourselves physically, mentally and quite naturally, spiritually, running the race....doing, doing... until we're done!

It is therefore so welcoming that here at St.Peter's Church, the Parish organises "Recollections" with the sole aim of providing nourishment and healing for the weary soul.

Recently, two of our Associations indulged themselves and took time away from everyone and everything to experience the power of such Recollections.

**You can too;** be mindful of the Notices announced at the masses for such Recollection Encounters.

- Janet D'souza



The Eucharistic Ministers reflected on the Stations of the Cross and the only Holy Eucharist

Walk and Pray



The parish annual pilgrimage to the Mount Mary's Basilica





## Good Friday - His perfect love

Despite a couple of technical glitches, did we like the Stations of the Cross by the Youth on Good Friday?

**WE LOVED IT!**

Hats off to every single person, especially the younger ones.

Thank you for making our Friday Good - Very Good!



In this Easter season, the zonal masses and blessing of the houses have promoted a sense of unity and bonding. We are grateful to the Lord for all these graces.

Fostering a sense of warmth and togetherness, various communities got together, engaged...and forged new connections



Archangel Raphael



St. Peter's Colony



Our Lady of the Wayside



Our Lady of Nazareth



Queen of Peace





The Archdiocese of Bombay has an office for Lay Collaboration which offers training to help the 'Lay Faithful and Religious' collaborate responsibly in Pastoral Ministry. This course is called "I.M.F.E." which stands for the Institute for Ministry of Faith Enrichment.

To be eligible, one has to have experience in a particular ministry for two years as well as at least six months in a leadership post.

Ms. Sandra Abraham, coordinator of the Jesus Club and Mr. Brian D'Souza, coordinator of the Multi Faith Committee and the Ekatvam Singles group enrolled in this course and decided to equip themselves to face the challenges in their ministries and bring about changes as well.

"The course helped me to deepen my faith and guided me to reach out to others to collaborate more." - Sandra Abraham

"It helped equip me to understand Church teachings in the Inter Religious sphere and develop a Vision for the Multi Faith group and plan long term goals." - Brian D'Souza

We congratulate them and wish them every success!



## Escape the indoors! Picnic is the getaway...



The Social Outreach cell organised a day out to Samara Gardens for the differently abled young adults.



Ms. Sandra D'souza, an appreciative parent, writes in ...

"It was truly a happy day of fun and laughter. The bond of love and trust shared by our Social Outreach Cell members and the young adults is palpable. They feel accepted and comfortable. Thank you dear SOC. God's abundant blessings on you."





# Looking Forward

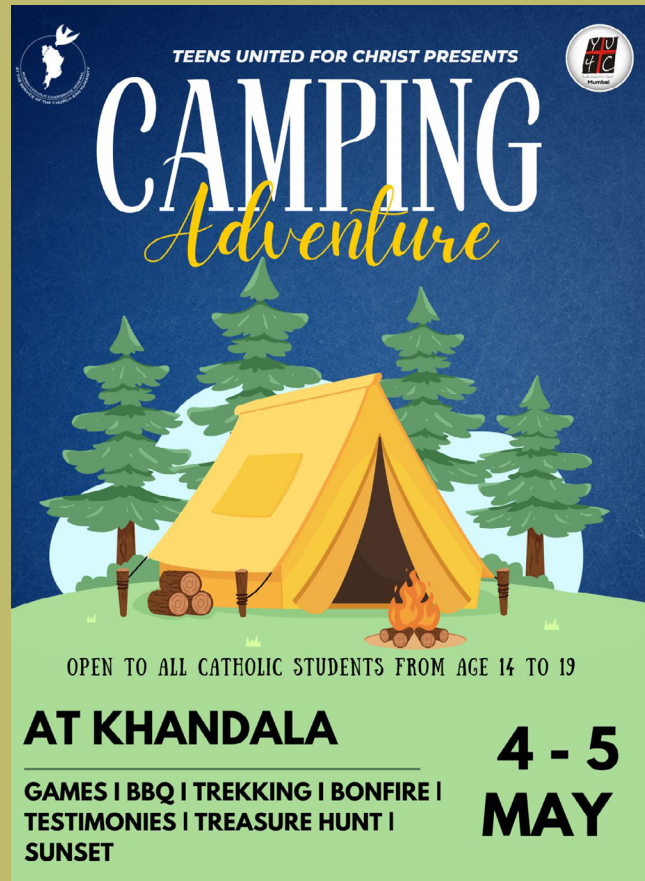
Stay tuned...



*Rewind Coming soon...*

11th and 12th May, 2024.  
Timings will be discussed shortly.  
St. Peter's Background  
(Old Outdoor Games)

The poster features illustrations of dice, playing cards, a board game, and two people playing a game.



TEENS UNITED FOR CHRIST PRESENTS

# CAMPING *Adventure*

OPEN TO ALL CATHOLIC STUDENTS FROM AGE 14 TO 19

## AT KHANDALA

GAMES | BBQ | TREKKING | BONFIRE |  
TESTIMONIES | TREASURE HUNT |  
SUNSET

# 4 - 5 MAY

The poster shows a yellow tent pitched in a forest with a campfire in front of it.



# DYC SUMMER CAMPS 2024

**HIGH ON LIFE**  
A Self Discovery Camp  
for SSC Students  
Batch 1  
8th April to 11th April  
Batch 2  
11th April to 14th April

**FACING THE FUTURE**  
A Youth Beginners  
Camp for HSC Students  
Batch 1  
14th April to 17th April  
Batch 2  
17th April to 20th April

**TOP IT UP**  
A Leadership Camp  
for Degree/Working  
Youth  
Batch 1  
20th April to 23rd April  
Batch 2  
23rd April to 26th April

At R.C. Church  
Khandala

The poster features a silhouette of a hand holding a group of people running on a path through a valley.

The Parish Council will spend the weekend of 8-9 June at Stanislaus Villa, Lonavala.

This will be a time to work out a pastoral plan for the next three years.



Contact: Dn. Ivan Fernandes – 9819930672, Registration Fee: Rs. 1500/-  
To Register: Visit Diocesan Pastoral Centre, near Mt. Mary Basilica, Bandra  
(Docs: Passport Size Photo, Hall Ticket Photocopy/ Address Proof)



# It's All About the Waste

## TREASURES FROM TRASH 2.0 - A RECIPE CONTEST with a twist

Winner for February 2024: Sripooja Abhishek



**REDUCE WASTE: Discover food items made out of usual kitchen discards**

Coriander stems are not waste

Make a tasty rasam!



### CORIANDER STEM RASAM

#### RECIPE:

1. Wash stems, pound gently.
2. Soak in turmeric water for 1-2 hours.
3. Season in oil with mustard, crushed jeera, pepper, methi, hing, red chilli; then add garlic, onion, tomato.
4. Add soaked stems, tamarind, more water and simmer for 10 minutes.
5. Rasam is ready; remove stems if preferred - drink as soup too.

zero waste recipe




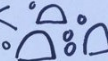

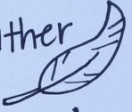









Fun is just another word for learning

Summer holiday activities for our children



## DIY Popsicle Stick Bird Feeder

## Nature Hunt!!

- |  |  |
|--|--|
| <input type="checkbox"/> Leaf           | <input type="checkbox"/> ROCK     |
| <input type="checkbox"/> Bark/<br>WOOD  | <input type="checkbox"/> Feather  |
| <input type="checkbox"/> Grass          | <input type="checkbox"/> BUG      |
| <input type="checkbox"/> seed           | <input type="checkbox"/> CLOUD    |
| <input type="checkbox"/> stick           |  |
| <input type="checkbox"/> dirt/<br>sand  |                                   |
| <input type="checkbox"/> FLOWER         |                                   |



# Let the Living Waters Flow

## WATER - NO LIFE WITHOUT YOU!

by Odette Katrak

There's no life without you,  
We all know it too.  
But while you're still there  
We don't really care.

Taps on full blast,  
The stock drains so fast.  
But we can afford  
And tanker guys hoard.

We pay higher we know  
Careless use, that is so  
Taps run while we brush  
At slow pace, what's the rush?

Good water down the drain,  
We don't really feel the pain.  
We have more than we need,  
Call it rich man's greed.

While in the slum next door  
A child of just four  
Lugs a bucket twice her weight;  
For school she'll be late.

But first she must ensure  
A bucket by her door,  
Or risk the disgrace  
Of a dirty little face.

They don't have enough  
No water, so tough;  
So they save every drop  
Water wastage they stop.

While in our ivory towers  
We continue long showers,  
Dire contrast this is  
Forced water crisis.

But ground water can't cope,  
That's too much to hope!  
Aquifers slowly dry up,  
Daily supply now a hiccup.

Ah but money we possess,  
More borewells with full zest.  
Rich man's plunder and greed  
Using water beyond need.

Now borewells are dry  
There's real need to cry,  
Our past wasteful actions  
Result in water rations.

If only we could rewind  
Two solutions we'll find:  
Use just the little you need,  
Just basic, no greed.

Taps on lowest flow,  
Taps running - strict no!  
Reuse and make haste  
Especially RO water waste.

And give back what you take  
From tap, borewell or lake;  
Recharge rainwater as well,  
Let's end this water hell!

So there's enough for us all  
Rich, poor, big, small,  
Make a promise right now  
To save water somehow.

There's no life without you,  
We all know it too;  
But we make a promise right now,  
We'll all save water somehow.

There's no life without you,  
We now know it's true!

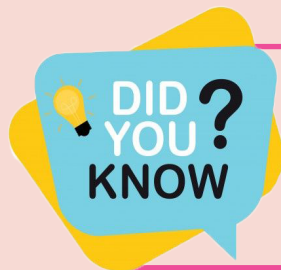


The YSS is organizing the Children's Summer Holiday Club from 1st - 31st May. Membership Cards can be obtained from the YSS office.



## Who/ What is the YSS?

The St. Peter's Youth Social Service popularly called the YSS was founded by Fr. Douglas Rowe s.j. in 1970, together with five founder members - Clarence Gomes, Fr. Richard D'Souza s.j., Benjamin Saldanha, Claude Baretto and Jimmy Machado. This five man army was the off-shoot of the St. Peter's Summer Holiday Club.



Each of this five man army invested Re 1/- from their pocket money. With the princely sum of Rs.5/-, they opened an account in Dena Bank, Boran Road and established the YSS, which today has a budget large enough to enable them to undertake various community need-based activities.

The YSS runs the parish library and the employment bureau, conducts blood donation camps and a summer holiday club for children not able to go out on a vacation, distributes text books free to needy students...

Other community based activities undertaken, are the medical camps conducted to promote awareness, interactive meetings with the police and municipal authorities and recreational projects to enhance employment opportunities for the youth.

"We serve others to show we care' is the motto of the St. Peter's Youth Social Service. May their tribe increase!

- Inputs sourced from Clarence Gomes and Aniceto Gomes





# Bitter Sweet Tidings

We bid farewell to Fr. Assis Rodrigues who will leave us in June to take up his new assignment as Parish Priest at Manickpur, Vasai.

Our heartfelt thanks go out to him for all that he has done at St. Peter's.



A warm welcome to Deacon Frankie Nunes who will do his Diaconate Ministry in our parish this year.

Our Fr Juan celebrated his 93rd birthday on 21st April.

'The Ignatian Magis keeps on inspiring me to be a good pastor, friend, mentor, just like the Lord Jesus was', says Fr Juan

Today and everyday we wish you only the very best our dear Fr Juan!



## Unwittingly witty

misprints from various church bulletins



Ladies, don't forget the rummage sale. It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Don't let worry kill you off. Let the church help.

Potluck supper Sunday at 7pm. Prayer and medication to follow.

Please place your donation in the envelope along with the deceased person you want remembered.

The Senior Citizens of the church have cast off clothing of every kind. They may be seen in the shed on Sunday morning.

This evening there will be hymn singing in St. Peter's Square. Bring a blanket and come prepared to sin.



Think Twice  
Vote Wise

Summer vacations  
are an occasion  
to take a break  
and relax.

Let us plan  
our vacations  
in such a manner  
that we are able  
to cast our vote  
on 20th May.



## Voters awareness 2024

Remember 20 May 2024 is Mumbai Voting Day.

1. Voting is not only your right but it is your duty
2. Vote Judiciously (every vote counts)
3. Vote for those who are Secular
4. Vote for those who are not communal
5. Vote for those who respect our Constitution.
6. Vote for those who uphold democracy.
7. Vote for those who secure the interests of our Nation.
8. Vote for those whose aim is to develop the country.
9. Vote for those who work for unity & peace
10. Vote for those who work for the upliftment of the poor & needy
11. Vote for those who will protect the rights of the Minorities.

Please plan your holidays accordingly  
and Cast your Vote.  
Thanks

### the story that needs no words...be guided

We would like to regularly update our website and also build up our photo bank. You are requested to send us photos regarding parish and zone events.

Below are some guidelines to be followed

- ◇ Recommended width of each image should be 500 px.
- ◇ The images should ideally be in JPG format.
- ◇ Images should be named appropriately. For eg. pilgrimage2024\_01, pilgrimage2024\_02 etc.
- ◇ Please send a maximum of 10 photos per event.
- ◇ For major parish-level events, there could be 15 images.
- ◇ Send the images to [stpetersbandra.images@gmail.com](mailto:stpetersbandra.images@gmail.com) with a copy to [stpeterschurchkeystone@gmail.com](mailto:stpeterschurchkeystone@gmail.com)

Please email your articles  
for the Keystone  
to the editorial team at

[stpeterschurchkeystone@gmail.com](mailto:stpeterschurchkeystone@gmail.com)

on/by 15th of each month.

Rest  
In  
Peace



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Age Address

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David Fernandes (shroud burial)

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Gito Francis D'souza

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