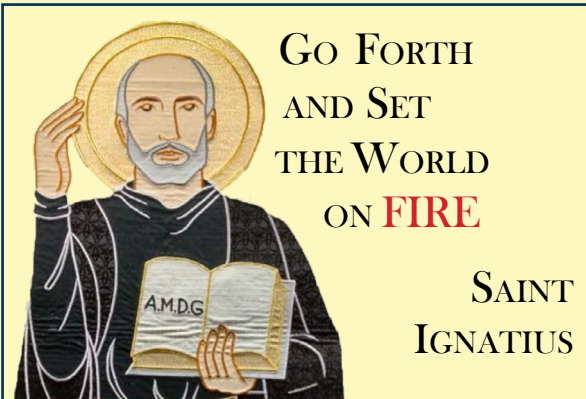




COMMITMENT • LIVING FAITH • INTEGRITY • CONCERN • (CLIC)

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AUGUST 2023



IGNATIUS LEAD US ON !

Fr. Luke Rodrigues s.j.

In this situation, we look to Ignatius and seek positive interpretations for the fire he wants us to spread.

Ignatius himself was a man on fire, a person filled with passion for doing great things. Whether it be before or after his conversion, there were no half measures with him. He asks us to have that same fire within us – a passion to do everything with excellence, doing everything with ‘a generous spirit aflame with God.’

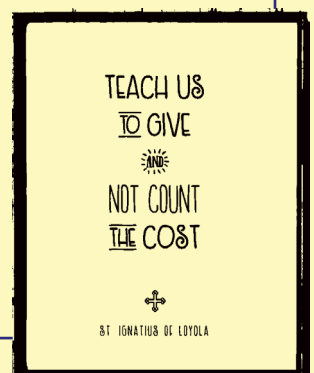
For him, God was the source of this positive fire. It is through our connection with the Lord that we can be on fire ourselves, pouring out our last ounce of energy for a noble cause. God is then the ‘fire that kindles other fires’. Noble Knight, teach us by your example how to allow the fire of God’s love to take over our lives, enabling us to become sparks of that same fire.

The Feast of St. Ignatius offers us, among many other things, the opportunity to gustily belt out the old Ignatian March, ending with that fervent cry “Ignatius lead us on, till we die!!”

Well might we ask ourselves what we mean by this. What is the precise manner in which we seek to be led forward by Ignatius?

From among the many precious insights Ignatius has given us, let us focus on the sentence that he said to his early companions when sending them out on mission – Go and set the world on fire (Ite, Inflammante Omnia).

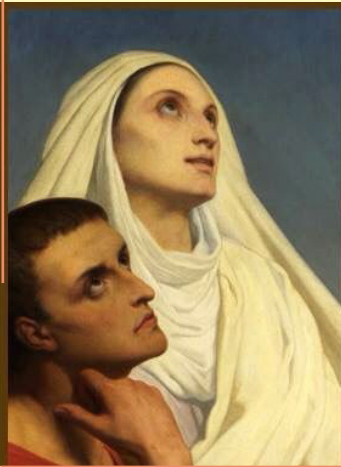
As a symbol, fire can have many meanings. In a negative sense, we can see fire as an agent of destruction. There is enough of this fire already present in the world. We see the destructive effects of global warming as forest fires sweep through large swathes of land. We witness the fires of rage and hatred as rampaging mobs torch houses. We hear the fiery words of demagogues who incite their followers to commit random acts of violence.





SAINT MONICA

27th August



St. Monica was born in Algeria (then the Roman province of Africa). She married Petricuss and her children Navigius and Perpetua. both joined religious life.

She prayed and suffered for her third child St. Augustine and was overjoyed by his baptism.

St. Monica is Patroness of wives, mothers and widows.



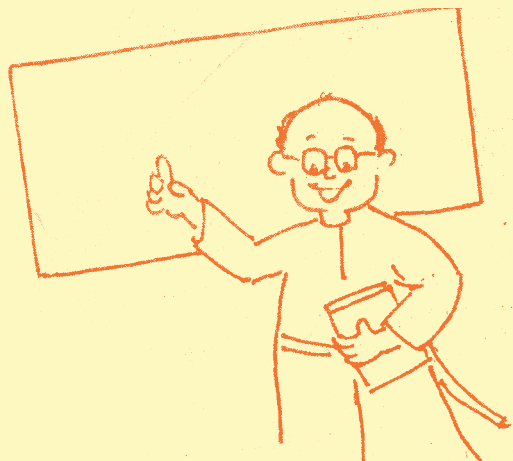
ASSUMPTION OF MARY

- Fr. Aubrey Mascarenhas

Mary is the first human being, who with her whole self, victoriously crossed the Finish Line into Heaven. As Mary is assumed into heaven, she takes each of us, her sons and daughters, by the hand and invites us to rejoice in the glory of her Assumption by following her Son in imitation of her own faithful, hopeful and radical example. Mary shows us that Heaven is within reach of all human beings, if we too, like her, do not give in to sin, if we praise God in humility, if we serve others generously. Looking at Mary assumed into the glory of heaven, we understand that true Power is revealed in humble service, that Glory arises from a loving heart.

The Assumption of Mary is one of the four Marian dogmas of the Catholic Church - defined by Pope Pius XII on 1st November 1950 as follows: "We proclaim and define it to be a Dogma revealed by God that the Immaculate Mother of God, Mary ever Virgin, when the course of her earthly life was finished, was taken up body and soul into the glory of heaven." The imagery of "taking up" is prevalent in the Latin Church while the Eastern Orthodox Church celebrates the "Falling asleep of the Mother of God." Eastern Christians believe that Mary died a natural death, that her soul was received by Christ upon death, that her body was resurrected after her death and that she was taken up bodily into heaven in anticipation of the general resurrection.

We pray that Mary may accompany us on our journey that leads from our earthly life to eternal Life in Heaven. May she inspire us to follow her in a life of lowliness of spirit and humility in service – the secret of Mary's success in attaining our goal, in reaching Heaven. May our soul ever proclaim the greatness of the Lord, may our spirit rejoice in God, our Saviour, for He looks with favour upon us, His lowly servants. May we experience with Mary that the Almighty does great things for us. In gratitude, we exclaim: Holy is His Name.



CATECHIST RECOLLECTION ON “DESIDERIO DESIDARAVI”

On 23rd July 2023, 60 enthusiastic catechists from the Bandra Deanery, gathered at the hall at ‘Daughters of St. Paul’, for their first ‘Catechist Recollection.’

Bernadette, the deanery coordinator, welcomed the catechists & introduced the speaker Fr. Henry Dsouza, SVD, Parish priest of St. Theresa’s church, Bandra. The topic chosen by the Archdiocese was “Desiderio Desidaravi; “ meaning “Liturgical formation of the people of God.”

Fr. Henry began with a short prayer and told us that Pope Francis had released this encyclical ‘Desiderio Desidaravi’ on 29th June, 2022, the feast of Saints Peter & Paul. This encyclical is based on Luke 22:15, when Jesus tells his disciples, “I have earnestly desired (desiderio desideravi) to eat this Passover with you before I suffer.”

Father mentioned that not only the apostles but all of us are invited to the Last Supper that is “mass”. He asked what were some of the problems at mass? Some catechists

answered that there is no reverence for the Eucharist, people come in late, have a casual approach. Others said that people insist on receiving communion on the tongue & appreciate short homilies. Father also agreed that certain priests finish mass too soon.

Father summarised the 5 parts of the mass, namely the penitential rite, liturgy of the word, liturgy of the Eucharist, Communion rite & concluding rite. Novenas, devotions to saints are not part of liturgy. Throughout the interactive session, Father spoke on the liturgy, Divine office, vestments, Sacramentals, types of oils, liturgical seasons & symbols used.

Father explained the difference in uses of the altar & pulpit during the mass. Also, prayers of the faithful should be recited from the lectern & not from the choir, he said.

It is in the power of the Paschal mystery, through the Eucharist & sacraments that we encounter the Lord Jesus in a special way.

Giselle Fernandes
St. Peter’s Parish, Bandra

We can sum up the recollection in three points:-

1. The main focus in our liturgies, should be on Christ who is the most important person in the Eucharist
2. We ought to rekindle the liturgical wonder for the Eucharist so as to not get too familiar with the Mass.
3. Cultivate the sense and significance of symbols in the Liturgy & celebrate the Eucharist with reverence.



C O M M U

Let's play Peter and Paul.



St. Peters Youth group (SPY) organised a football tournament as part of the feast day celebrations of our parish at the St. Stanislaus astro turf grounds. A total of 8 teams participated and the first semi final was played between Somnath Lane and Waroda Road, the second between Bazar Road and Chinchpokli/D'Monte Street.

The intense final match, played between Waroda Road and Chinchpokli/D'Monte Street was a thrilling one, which the latter won in a nail biting penalty shoot out.

The tournament was conducted in a spirit of true sportsmanship spurred on by the crowd of enthusiastic supporters who came in large numbers despite the rain. Fr. Luke distributed prizes and felicitated the players.

Prakash Dsouza and Savio Gonsalves.

At the 8am mass on Sunday 9th July, 26 of us children got ready to make the 'Rite of Acceptance.' We were so excited that we would soon receive Jesus into our hearts. This was the first step in our commitment in receiving Jesus at our First Holy Communion, 5 months from now.

Rite of Acceptance



Fr. Luke Rodrigues our Parish Priest, began the Eucharistic celebration by asking us various questions in order to check our determination of being truly committed to receiving Jesus. Why do we want to receive this Sacrament? What will we gain and what support would we need? All of us promised to take Sunday School preparation seriously, to attend class regularly, study our prayers and help in Church related activities.

Our parents also promised to guide and help us to prepare for this Sacrament. After the homily we were called before the altar, Fr. Luke blessed us and gave us blessed Bibles. We were happy that we had proclaimed our dedication and commitment in the presence of the entire Church.

Danica Ferreira

The SOC - Celebrating the parents of our differently abled young adults

a thank you from a parent

The Social Outreach cell never misses any opportunity to make a celebration of any occasion and spread happiness.

Our hearts are filled with gratitude when we realize that they care, not just for those with special needs, but also the parents and care givers as well, since we too need to take a break and have some fun.

On the 23rd of July they celebrated Parents Day and every celebration just keeps getting better and better .. every time.

They had extremely creative fun games, music, spot prizes, sumptuous food and unique and thoughtful gifts... the list goes on and on and on ...

They say a picture speaks a thousand words. Well here are pictures from that day and they are not posed, yet every person is smiling and happy. Nothing more needs to be said after this ...

We fall short of words to express our gratitude for all you do for our dear children and for us as well. Dear members of the SOC all we can say is Thank you, Thank you.



Lakshminarayanan, Tripti, Jaharvi

PARENTS DAY
23rd JULY

The Jesus club celebrated Parents Day with a lot of enthusiasm on 23rd July. After Fr. Luke our Parish Priest welcomed all, the children of Junior KG and std 1 danced. Then came a talk from Jackson and Pritika D'Souza on the joys and challenges of parenting and they spoke how their experience with the Jesus club helped them. They encouraged other parents to start bringing their children to the Jesus club as well.

A heartwarming video by std 7 and 8 on Parents and why we love them was followed by dances from Deon and the Class 2 & 3 children. Our teachers wished parents and grandparents in song. The program ended with a fun game of Bible Housie. There were also many spot prizes with reference to the Bible and much more.
Happy Parents day Mums and Dads

Raina Pendurkar.

Communication works for those who work for it...



We had 'Lay Sharing' at all the weekend masses. The topic: **Communication in the family** - its pros and cons and what would be the best practices for this to be effective. We are truly thankful for the valuable insights of these dedicated and willing parishioners.

LET'S TALK



Lines of communication to be kept open at all times. Listen more than talk. Thrash out differences. Always pray and communicate with Jesus

Zara Pereira

Communication is the life blood that keeps a family vibrant, harmonious and united. Remember love & care make the difference.

Frances Fernandes



Communication is a two way street. BE available, BE a good listener . BE aware of non - verbal expressions as well. Show empathy.

Seema Rodricks

Be involved in your children's lives. Keep it simple. Ask and speak. As James 19:1 tells us, ' Be quick to listen, slow to speak and slow to become angry.'

Rheanka Ferreira



Be patient and kind and give your child time. Family prayer together and speak with Jesus daily.

Dibya Minj

Make your home a haven of peace. Speak the truth with love. We must build each other up and choose to be kind and forgiving.

Veena D'souza



Best way is with your physical and mental presence. Open channels of communication from the time children are young. Always pray before you advise.

Veena Crasto

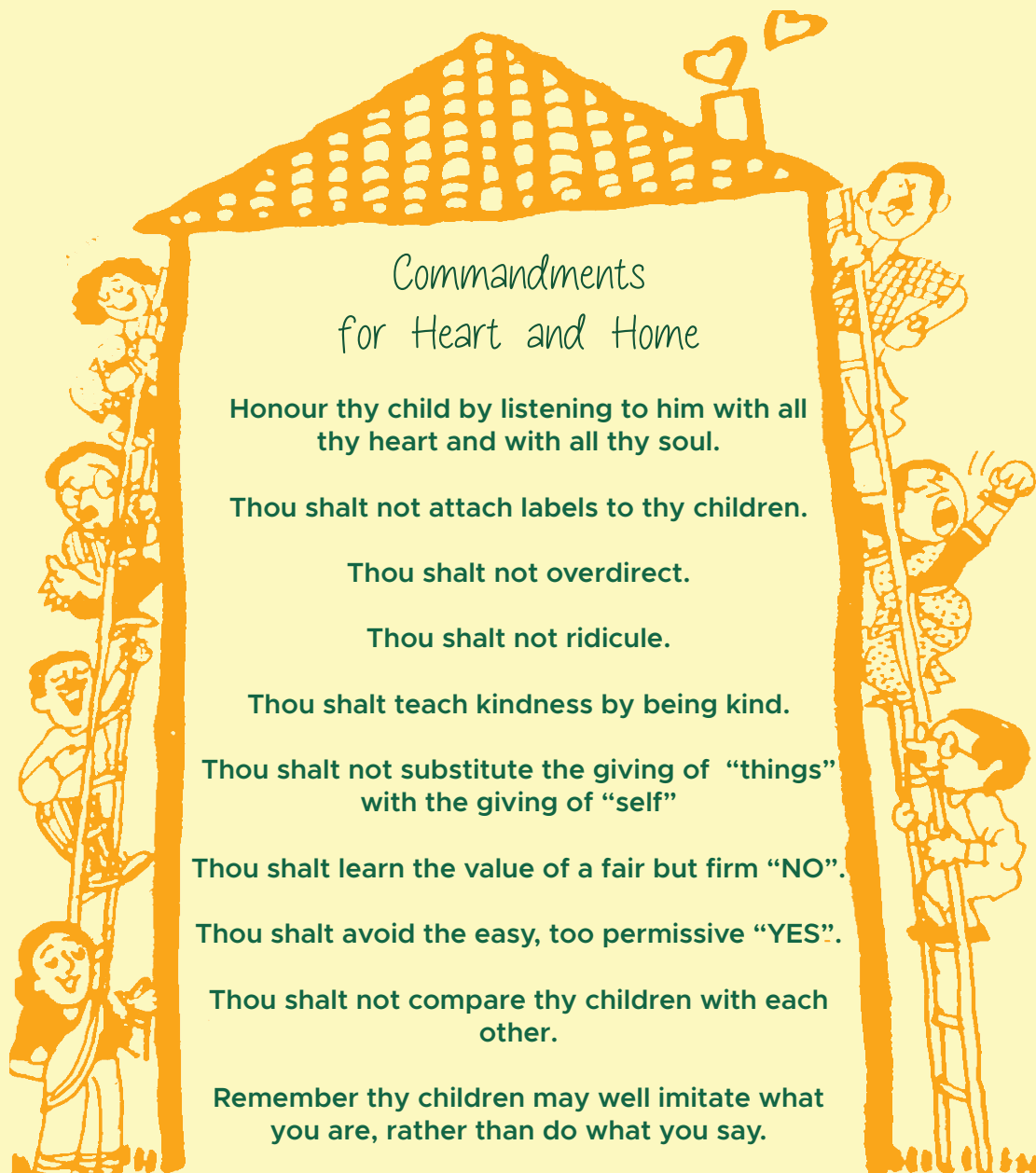
Today we have no time to communicate. This is the foundation of a good family. Social media is a big obstacle. Respect each other. Continuous practice and persistent effort.

Michael Gonsalves



Today our world is driven by technology, artificial intelligence and virtual reality. Lessons in life are caught and not taught. Communicate with your heart, put your soul into it as St. Paul says, 'Put on love' – You can't go wrong then.

David Cardoz



Commandments for Heart and Home

Honour thy child by listening to him with all thy heart and with all thy soul.

Thou shalt not attach labels to thy children.

Thou shalt not overdirect.

Thou shalt not ridicule.

Thou shalt teach kindness by being kind.

Thou shalt not substitute the giving of "things" with the giving of "self"

Thou shalt learn the value of a fair but firm "NO".

Thou shalt avoid the easy, too permissive "YES".

Thou shalt not compare thy children with each other.

Remember thy children may well imitate what you are, rather than do what you say.

ECO WARRIORS

THAT'S US!

Tweaks in our daily lifestyle can make all the difference.

SAVE ENERGY Turn off appliances when not in use.
Switch off is your mantra.

WATER USAGE Do not waste water while bathing.
Repair faulty leaking taps.

DITCH PLASTIC Say **NO** to Plastic bags, bottles,
disposable glasses/cups (they are plastic coated)

SEGREGATE WASTE Every home must segregate wet & dry waste

BUY LESS USE MORE Do a constant re-think on how to
Recycle, Reuse, Reduce, Refuse.
Reduce needless packaging.

GROW YOUR OWN VEGGIES Google out how to convert your
waste into compost.

Janet D'Souza (CCG member)

YEH DIL MANGE MORE of monsoon 'street' must haves
My top favourite chatpata snacks in this fabulous weather



Vadav pav
with chutney and chillies



Cutting chai



Bhutta



kheema pav

Send us an article on how **YOU** enjoyed the rains.
We would **LOVE** to hear from **YOU**;
(send us an invite too!)

Sing in the rain with our Monsoon Playlist

C'mon friends! Bring out your guitar, drums or just improvise a musical instrument.
My GO TO play list to help you get started...



Raindrops keep falling on my head.
Rhythm of the Rain
Rainy days and Mondays
Have you ever seen the rain?
Singing in the rain.
I love a rainy night.
The rain in Spain.
Set fire to the Rain.
November Rain.
Counting colours in a rainbow.

If you're feeling sentimental ...
Blue eyes crying in the rain
I'll do my crying in the rain.

Remember your school days?
Rain, rain, go away ..

The ever popular Marathi song
Ye Re Ye Re Pavsa

The popular Hindi number ...
Dum, dum diga Mausam bhi-ga, bhiga.

We celebrate our Independence Day this month.
Can we take a moment and evaluate our role in our community?
Let's use the first four letters of the alphabet.



ALERT. BOLD. CARING. DETERMINED.

Are we **alert** to opportunities and threats?

Are we **bold**, take necessary risks and stand up against injustice?

Are we **caring**, involved and concerned about what's happening to others? To us?

Determination will keep us away from distractions and help us reach our goals.

INDEPENDENCE DAY TRIVIA

1. How many years of Independence do we celebrate this year?
2. What is the theme of this year's Independence Day?
3. Where is the flag hoisted in New Delhi on Independence day and who will hoist it ?
4. Who delivered the famous speech known as "A tryst with Destiny?"
5. When were the first Lok Sabha elections held in India?
6. When did India make 'Education' a fundamental right of children?
7. During which movement did Mahatma Gandhi give the call; "DO OR DIE"
8. Name the magazine that was published by M.K.Gandhi?
9. What do the 3 colours of our Indian flag stand for?
10. What is our National Emblem and recently where was it placed atop of a famous building in Delhi?

ANSWERS

1. 76 years 2.Nation First, Always First' 3.At the Lahori Gate of the Red Fort by the Prime Minister 4.Pandit Jawaharlal Nehru 5. 1952
6. 2010 7.Quit India Movement 8.Young India 9.Sacrifice-Orange, Peace-white, Prosperity-Green 10.The lion Capitol of Ashoka placed atop Central Vista.



POPE'S INTENTION

for World Youth Day

We pray that World Youth Day in Lisbon will help young people to live and witness the gospel in their lives

FRIENDS OF MANIPUR MEET

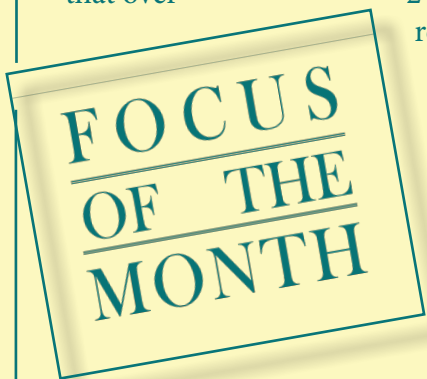
David Cardoz

We have all been shocked and distressed by the violent incidents that have occurred in Manipur over the last 3 months. So, when a call for action was given by the “Friends of Manipur” the people of Mumbai responded by attending in large numbers, to show solidarity, understand what was going on and to discuss what we, here could do to help alleviate the situation. The meeting was held in St. Joseph’s School Hall which was packed to capacity with people spilling out into the courtyard.

Bishop Allwyn D’Silva presided over the meeting and had requested the Sabha to get involved. The speakers included Advocate Mihir Desai, Teesta Setalvad, well known for her role in the Godhra case, Irfan Engineer, Rupa Chinai who is a journalist and author who has spent much time in the north East and Dolphy D’Souza, President of the BCS and one of the organizers. All the speakers were knowledgeable and articulate, throwing light on the situation, each from their special area of expertise.

While the government sought to portray this as a fight between 2 tribes, we were asked to reflect on the fact that over 240 churches were burnt and destroyed, that too, belonging to both tribes. We were reminded that injustice anywhere was a threat to Justice everywhere.

The meeting ended with a call to put an end to the violence, as well as allowing medical supplies and help to those in relief camps and the formation of local civic committees for settlement and peace, a memorandum of which will be drafted and put out with the signatures of all those who attended



LET’S BE STREET SAFE

St. Peters & Mt Carmel Unit
of the Bombay Catholic Sabha

After a successful meeting with the Traffic Department on 23 June at Our Lady’s Room a WhatsApp group was made with the concerned officers for easy coordination. Citizens who attended the meeting are now directly reporting traffic jams at Lilavati, Mehboob studio and other locations to the authorities through the group. After this, several localized meetings to understand the problems at ground level have been initiated.

The active participation of Bandraiters to resolve the traffic issues in partnership with PI Traffic Shri Killedar and his team is commendable. However, even in our individual capacity we can make a difference. By using the Mumbai Traffic App, we can report traffic violations ourselves.

Khadeshwari and DP Road



TRIOS parking lot



Chimbai



St. Peter’s Church



...FROM THE EDITORIAL TEAM

We are looking at the Keystone as a medium of SHARING and would like correspondents at every level - from a 6 year old Jesus Club child to an 80 year old (and above) senior member of the community. The idea is to have sections on faith, achievements of our people (all ages), special talents of a person or persons that may be of use to the community, changes in the parish, origins of customs...

A few guidelines that may help...

- * Articles to be printed in the Keystone should be emailed to the parish office at stpetersparishoffice@gmail.com by the 5th of the month.
- * Articles should not be more than 150 words (may be edited)
- * Please include the name, telephone number and zone of the sender.
- * Extra copies of the Keystone are available at the reception counter.



FR. STAN SWAMY MEMORIAL TOURNAMENT

OPEN RINK FOOTBALL TOURNAMENT (MEN'S)

ORGANIZED BY ST. PETER'S YOUTH SOCIAL SERVICE

DATE **10-13 AUGUST**

Time **5pm to 10pm**

Venue **St. Peter's Square**

Registration

Nelha : +91 9819094054
Aniyka : +91 9789346071

T&C* Applied

Follow our social media @stpetersyys

ST. PETER'S YOUTH PRESENTS

SPLASH - 2023

featuring:
GAMES • FUN • DANCE • MUSIC

OPEN TO BANDRA DEANERY PARISHES

AUGUST 6, 2023

6:30 pm onwards

THEME : FANDOM

LAST DATE TO REGISTER : 31ST JULY

For more details contact:
Callista : 9920278506
Shawn : 99677 47625

@st_peters_youth_bandra

DHANYAWAD

The Social Outreach Cell is organising 'Dhanyawad' - a program of fun and fellowship for Domestic Workers on Sunday 20th August at 5.30 pm in St. Peter's KG Hall. Kindly register at the Parish Reception.

ST ANDREW'S ALL BANDRA PARISH TALENT CONTEST

ZONALS 2023

THE 66TH PRESENTATION

SCHEDULE OF EVENTS

VOCAL & INSTRUMENTAL (BELOW 8 YRS; 8 - BELOW 12 YRS; 12 - BELOW 16 YRS)	13 AUG
CHOIRS	
VOCAL & INSTRUMENTAL: (16 - BELOW 20 yrs; 20+ yrs)	20 AUG
DUETS: (below 14 yrs; above 14 yrs)	
QUARTETS: (no age limit)	27 AUG
ELOCUTION: (8 - BELOW 12 yrs; 12 - BELOW 16 yrs)	
DANCE INDIVIDUAL: (10 - BELOW 16 YRS)	
DUOS: (BELOW 10 yrs, 10 - BELOW 16 yrs, ABOVE 16 yrs)	
GROUPS: (BELOW 10 yrs, 10 - BELOW 16 yrs, 16 - BELOW 30 yrs, above 30 yrs)	
DRAMATICS	3 SEP

Dear friends,
We need your assistance...

Members of the St. Joseph's Community Zone have volunteered to **re-use, re-cycle single use plastic bottle caps** (of a certain size and color) to **re-create 2 large Rosaries** for the 2 grottos @ St. Joseph's Convent and St. Peter's Church. These Rosaries will be placed on the Feast of the Assumption, 15th August, 2023.

We therefore urge you to quickly start collecting blue & white bottle caps (Sprite* & Amul milk pack) and drop them off in the box marked **'bottle caps only'** at the **entrance of St. Joseph's Convent International School**.

Please circulate this message so that we can reach our target by 26th July, 2023. Later, we will request you to join the group in the actual making of the Rosaries. Details will be shared by whatsapp.

Come, Be a recycler.
Sr Yvonne

*We are not encouraging you to drink Sprite.

PARISH PASTORAL COUNCIL HAPPENINGS - Fr. Luke Rodrigues s.j.

The PPC meeting of 14 July 2023 was our first meeting after the constitution of the new Parish Council. We spent some time on the evaluation of past programs and on planning for events in July and August. Some discussions also took place regarding long-term planning for the parish. One of these issues was the need to increase participation in our Parish Groups and Associations.

Ours is a vibrant parish with many groups catering to different target groups and diverse apostolic areas. It was noted however that we needed to attract new members to these groups. Many of our parishioners would like to get more involved in areas of Church life but do not know how to go about it. Perhaps, many in the parish are unaware of the different groups and their specific focus of mission. It was decided that we would use Keystone as a way of increasing this awareness. Hence, subsequent issues of our Parish Bulletin will feature a few groups at a time, highlighting their charism and apostolic activities.

We hope this knowledge will enthuse many more parishioners to become active participants of our Parish Associations.



Nancy Creado	63 years	St Peter's Colony
Ravi Allen D'Costa	50 years	Off Prof. Almeida Rd.
Paul Fernandes	46 years	St. Peter's Colony
Cecelia Pereira	91 years	St. Martin's Road

4 EASY WAYS TO
Practice Gratitude Every Day

NOTICE ONE GOOD THING 



Express Gratitude to Someone

DO AN ACT OF KINDNESS



Create a Gratitude Jar

Thanksgiving
GRATITUDE GAME

-  NAME A PERSON YOU ARE GRATEFUL FOR.
-  NAME SOMETHING YOU ARE GRATEFUL FOR.
-  NAME A MEMORY YOU ARE GRATEFUL FOR.
-  NAME A PLACE YOU ARE GRATEFUL FOR.
-  NAME A SKILL YOU ARE GRATEFUL FOR.
-  NAME ANYTHING YOU ARE GRATEFUL FOR.

Thank you
Fr. Trevor Miranda s.j.
and (late) Mr. Eustace Fernandes
for the fun drawings.